

Cross section analysis

Date 07-03-2005

SwimCON - Svømmefaglig konsulenttjeneste

Name

Sport category

Testmethod

Protocol

Threshold model

	Grp	Laktat 6 v [m/s]	Laktat 6 HF [1/min]	Laktat 8 v [m/s]	Laktat 8 HF [1/min]	IANS v [m/s]	IANS HF [1/min]	MAX v [m/s]	MAX HF [1/min]
Ibsen Nielsen 72 kg 03-09-2004		1,47	-	1,51	-	1,41	-	1,52	-
Ibsen Nielsen 72 kg 08-09-2004		1,51	177	1,54	176	1,47	174	1,57	177
Ibsen Nielsen 21-10-2004		1,56	171	1,59	176	1,50	163	1,61	180
Ibsen Nielsen 04-02-2005		1,51	170	1,57	182	1,45	168	1,67	182
Ibsen Nielsen 06-03-2005		1,56	177	1,60	182	1,47	171	1,69	185
Average values		1,52	172	1,56	176	1,46	169	1,61	181

Diagram

